

North Africa Region

AIT BENHADDOU, MOROCCO



Ait Benhaddou is a fortified city thought to have been established in the 11th century to control the caravan route between the Sahara desert and Marrakesh. The ksar contains a number of well-preserved kasbahs (fortified castles). It's been seen in movies that include Lawrence of Arabia, Jesus of Nazareth, and Gladiator.

LET US SERVE THIS REGIONAL FAVORITE AT YOUR NEXT GROUP EVENT!

Couscous



Couscous grain is a totally natural option, made from pure durum wheat semolina and contains no additives.

The semolina is sprinkled with water and rolled with the hands to form small pellets, sprinkled with dry flour to keep the pellets separate, and then sieved. The pellets which are too small to be finished grains of couscous fall through the sieve to be again sprinkled with dry semolina and rolled into pellets. This process continues until all the semolina has been formed into tiny grains of couscous.

October

شوال 1430 (SW) Shawwal

نوفال 1430 (DQ) Dhul-Qi'dah

تشرين الأول 2009 OCTOBER

عشاء	مغرب	عصر	ظهر	شروق	فجر	يوم
ISHA	MAGRIB	ASR	DHUHR	SUNRISE	FAJR	DATE
8:13	6:53	4:16	1:03	7:11	5:53	1
8:11	6:51	4:15	1:03	7:12	5:54	2
8:09	6:49	4:13	1:02	7:14	5:55	3
8:08	6:47	4:12	1:02	7:15	5:56	4
8:08	6:47	4:12	1:02	7:15	5:56	5
8:06	6:46	4:11	1:02	7:16	5:58	6
8:02	6:42	4:08	1:01	7:19	6:00	7
8:00	6:40	4:06	1:01	7:20	6:01	8
7:58	6:38	4:05	1:01	7:21	6:03	9
7:57	6:36	4:04	1:00	7:22	6:04	10
7:55	6:35	4:02	1:00	7:24	6:05	11
7:53	6:33	4:01	1:00	7:25	6:06	12
7:53	6:33	4:01	1:00	7:25	6:06	13
7:50	6:29	3:58	12:59	7:28	6:09	14
7:48	6:28	3:57	12:59	7:29	6:10	15
7:46	6:26	3:56	12:59	7:30	6:11	16
7:45	6:24	3:54	12:59	7:31	6:13	17
7:43	6:23	3:53	12:58	7:33	6:14	18
7:42	6:21	3:52	12:58	7:34	6:15	19
7:42	6:21	3:52	12:58	7:34	6:15	20
7:40	6:19	3:50	12:58	7:35	6:16	21
7:37	6:16	3:48	12:58	7:38	6:19	22
7:35	6:14	3:46	12:58	7:39	6:20	23
7:34	6:13	3:45	12:58	7:41	6:21	24
7:32	6:11	3:44	12:57	7:42	6:22	25
7:31	6:10	3:43	12:57	7:43	6:24	26
7:31	6:10	3:43	12:57	7:43	6:24	27
7:30	6:08	3:41	12:57	7:45	6:25	28
7:27	6:05	3:39	12:57	7:48	6:27	29
7:26	6:04	3:38	12:57	7:49	6:29	30
7:24	6:02	3:37	12:57	7:50	6:30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 12 SW	2 13 SW	3 14 SW
4 15 SW	5 16 SW	6 17 SW	7 18 SW	8 19 SW	9 20 SW	10 21 SW
11 22 SW	12 23 SW	13 24 SW	14 25 SW	15 26 SW	16 27 SW	17 28 SW
		COLUMBUS DAY				
18 29 SW	19 30 SW	20 1 DQ	21 2 DQ	22 3 DQ	23 4 DQ	24 5 DQ
25 6 DQ	26 7 DQ	27 8 DQ	28 9 DQ	29 10 DQ	30 11 DQ	31 12 DQ
						HALLOWEEN

The prayer schedule listed on this page is based on the city of Minneapolis local time (CST). To find a prayer schedule based on your local time, please visit: <http://holylandbrand.com/CommunityServices.html>